



# M3DHL

Lat Pull Down

### **Console Features:**

- A.Personal Coach Function.
- B.Auto Detecting (weight/resistance).
- C.Auto counting.
- D.Auto operation without setting.
- E.Personal program provided.
- F.Display:
- . a. Training Time
- . b.Calorie
- . c.Goal
- . d.Accumulated Data
- . e.Counting Down Data



#### M3DHL

## Lat Pull Down

The Steelflex M3DHL three dimensional Lat Pull Down Machine Multi-Use Dual or Single Lat Pull Down. Six positions for left and right arms. Bench rotates off of platform greatly increasing usability. Two platform attached pulleys giving multiple options for use.

# SPECIFICATIONS

Mainframe: 11 gauge steel, 2" x 6" oval tubing
Frame Finish: Two-coat powder process, Electro-statically applied powder coat.
Console: Automatic Electronic Coach ( auto detecting, auto counting, calories, etc.)
Instructional Placard: Included
Upholstery: CGPC 2" high density foam with PVC skin and durable double stitched upholstery.

Handgrips: Dipped PVC Handles

Driving System: Flat belt

Flat Belt: Tensile strength of more than 5027lbs (2280kg)



Shroud: 4T acrylic delicate safety cover
Weight Stack: High-quality weight plates for smooth and durable operation.
Standard Weight Stack: 210lb (95kg)
Optional Weights: 310lb (141kg) 410lb (186kg)
Floor Space: 57" x 38" x 93" (145 x 97 x 236cm)
Product Weight: 382lbs (174kg) includes weight stack

Max User Weight: 265lbs (120kg)

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