



MAM900 AB Crunch Machine

Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data



MAM900 AB Crunch Machine

Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the AB Crunch' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.



SPECIFICATIONS

Mainframe: 11 gauge steel, 2" x 6" oval tubing

Frame Finish: Two-coat powder process, Electro-statically applied powder coat.

Console: Automatic Electronic Coach (auto detecting, auto counting, calories, etc.)

Instructional Placard: Included

Upholstery: CGPC 2" high density foam with PVC skin and durable double stitched upholstery.

Handgrips: Dipped PVC Handles

Driving System: Flat belt

Flat Belt: Tensile strength of more than 5027lbs (2280kg)

Shroud: 4T acrylic delicate safety cover

Weight Stack: High-quality weight plates for smooth and durable operation.

Standard Weight Stack: 210lb (95kg)

Optional Weights: 310lb (141kg) 410lb (186kg)

Floor Space: 52" x 46" x 66" (132 x 117 x 168cm)

Product Weight: 576lbs (262kg) includes weight stack

Max User Weight: 265lbs (120kg)

Fitness Master Inc. • 11419 Mathis #200 • Farmers Branch, Texas 75234
Tel: 214.350.8884 • Toll Free: 1.855.846.0087