



## MSK1600 Back Extension Machine

### Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
  - . a. Training Time
  - . b. Calorie
  - . c. Goal
  - . d. Accumulated Data
  - . e. Counting Down Data



### MSK1600

### Back Extension Machine

Achieve a back profile that will make people sit up and take notice! A strong, functional torso requires a well-defined lower back. A successful workout of these complex muscle groups demands a routine built upon a foundation of consistency. The Mega Power Back Machine features a unique rotation position that provides correct movement for maximum back muscle development. The adjustable seat and angled non-slip foot plate permit ergonomically correct pivot positioning.



### SPECIFICATIONS

**Mainframe:** 11 gauge steel, 2" x 6" oval tubing

**Frame Finish:** Two-coat powder process, Electro-statically applied powder coat.

**Console:** Automatic Electronic Coach ( auto detecting, auto counting, calories, etc.)

**Instructional Placard:** Included

**Upholstery:** CGPC 2" high density foam with PVC skin and durable double stitched upholstery.

**Handgrips:** Dipped PVC Handles

**Driving System:** Flat belt

**Flat Belt:** Tensile strength of more than 5027lbs (2280kg)

**Shroud:** 4T acrylic delicate safety cover

**Weight Stack:** High-quality weight plates for smooth and durable operation.

**Standard Weight Stack:** 210lb (95kg)

**Optional Weights:** 310lb (141kg) 410lb (186kg)

**Floor Space:** 54" x 39" x 66" (137 x 99 x 168cm)

**Product Weight:** 568lbs (258kg) includes weight stack

**Max User Weight:** 265lbs (120kg)

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