



Multi Gym Series

This state-of-the-art multi-function training system provides ergonomics, efficient movements for effective results thus creating a superior workout experience. Perfect Pec training arms has fully adjustable range of motion. Includes Leg Press / Calf Press / Cable Column stations can perform pull ups, dips, leg press and knee raises that allow the users to build their way to a stronger body.

Built for a lifetime of performance... MG200
Best Idea of Muscle groups.



Key Features:

- Cable Column Station
- Lat Pulldown / High Pulley
- Seated Row / Low Pulley
- Leg Extension / Leg Curl
- Ab Crunch / Mid Pulley
- Vertical Knee Raise and Dip Station
- Weight Stack Shrouds
- Lumbar Support Pads



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- MG200 Includes Leg Press and VKR Station
- Mainframe: 12 Gauge 1.968 x 2.952 steel tubing(50 x 75 x 2.5T)
- Frame Finish: One-coat powder process, electrostatically applied powder coat finish
- Instructional Placard: Included
- Handgrips: Dipped PVC Handle
- Driving System: Cable
- Cables: 7x19 stainless steel tensile strength
- Standard Weight Stack: 420 Lb (191 kg)