

Product Data Sheet Multi-User Home Gym (MG3000)

Steelflex Strength Training Gym

Go beyond your Goals.

One of our most functional stations, the Multi Gym 3000 features three stations in one – with each bench seat offering a diverse range of exercises. Adjustable seating, pulleys and handles ensure you can target the muscle group of choice in a comfortable and effective way, and the ergonomic design ensures you're supported throughout your workout, keeping your posture and form in the best position for peak performance.



Specifications:

The MG3000 Multi-User Gym Includes:

- •Flat Bench Press
- •Shoulder Press
- •Incline Chest Press
- •Leg Curl/Leg Extension
- •Lat Pulldown
- •Mid-Row Pull Station
- •Standard Weight Stack: (3x 210Lb Weight Stacks for multi-user)
- •Frame Finish: One-coat powder process, electrostatically applied powder coat finis
- •Instructional Placard
- Handgrips
- •Cables: 7×19 stainless steel tensile strength
- •Product Weight: 1204Lbs (547Kg)
- •Dimensions (LxWxH):
- 3450x 2190 x 2120 mm/136" x 86" x 83.5"



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