



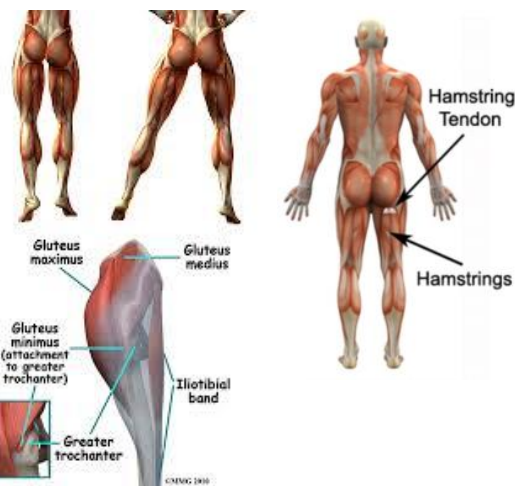
NEO Series

Gluteus Ham Bench NGHB

The Glute Ham Machines

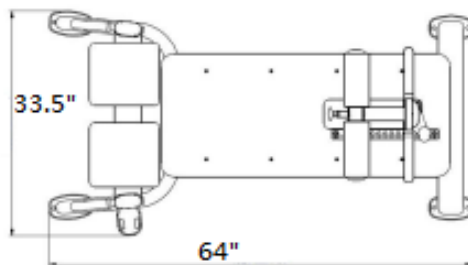
Many gyms now are equipped with special equipment for isolating the glutes and Ham. As you can see in the accompanying photo, this is a great way to isolate those beautiful muscles. The great thing about these machines is that you are locked into position so that you can concentrate fully on contracting those muscles.

Work legs for maximum isolation of the gluteus maximus, medius and minimus.



Specifications :

- Mainframe: 12 heavy gauge oval tubing.
- Frame Finish: Two-coat powder process, electrostatically applied powder coat finish, metallic silver.
- Upholstery: 2" Rebonded Scrap Foam + 10 mm high density foam with CGPC PVC cold latex leather and durable double stitched upholstery.
- Handgrips: Dipped PVC handle
- Welding: Continuous welds at all joints.
- Bearings: Commercial rated, sealed bearings at all pivot points.
- End cap: High density molded plastic end caps.
- Max. user weight: 264 Lbs.
- Product weight: 174 Lbs.
- Dimensions: 64" * 33.5" * 46"



FITNESS MASTER INC.

11419 MATHIS AVENUE #200, FARMERS BRANCH, TX 75234

OFFICE & FAX: 214-3508884

TOLL FREE: 855-8460087

EMAIL: info@fmiamerica.com

WEBSITE: www.fmiamerica.com