



NEO Series

NFID

Flat/Incline/Decline Bench

“Neo” in ancient Greek words is “young,” we design Neo series with Oval Tube for you could keep young and strong body with our flexible and smooth outlook design Free Weight Machine. We provide full commercial used free weight adjusted bench, power rack, weight tree...,etc. Get start by Neo series Free Weight now. Steelflex® NFID Specifically designed with a shortened base frame to fit perfectly in all Smith Machines, Power Racks and Multi-Press Racks. Allows proper form and positioning for incline press and shoulder press exercises in all racks. Improved design features quick, easy, solid and secure 6-position ladder-style back pad adjustment. Multi-position seat pad adjustment allows all size users to do bent knee sit-ups and ab crunches with proper lower back support and hip flexor alignment. Over 1000 lb. capacity.



SPECIFICATIONS

- A. Mainframe: Heavy-Gauge 1.968" X 3.937" oval tubing.
- B. Upholstery : 2" Rebonded scrap foam + high density foam with CGPC PVC cold latex leather and durable double stitched upholstery. (ergonomic design).
- C. Specifically designed with a shortened base frame to fit perfectly in all Smith Machines, Power Racks, and Multi-Press Racks Improved. design features quick, easy, solid, and secure 6-position ladder-style.
- D. Continuous welds at all joints.
- E. Extra-wide and solid base provides maximum stability.
- F. Adjustable seating.
- G. Moulded rubber feet with a slip-resistant texture.
- H. Ideal for home and commercial use.
- I. Electrostatically applied powdercoat paint finish, metallic silver.
- J. Product Weight: 99lbs
- K. Dimension: 70" L x 41" W x 29" H



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